

CITB Site Management Safety

Training Scheme (SMSTS) Refresher

Course Duration: 2 Days

The refresher course is for delegates who have previously passed the full SMSTS course or subsequent refresher course and can provide proof of attendance. It aims to bring health and safety knowledge up to date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. The course includes a wide range of topics many building on the previous five-day course programme as well as introducing new subjects.

Aims:

The refresher course aims to:

- Improve awareness of recent developments in construction, legislation and health, safety, welfare and environmental issues
- Identify measures that will assist the practical implementation of responsibilities established by new legislation, and new working practices

Learning outcomes:

Delegates taking this course should be briefed on the learning outcomes listed below:

DAY 1

- Introductions and objectives
- Health and safety law
- The Health and Safety at Work Act
- Construction (Design and Management) Regulations
- Health and safety policies
- Risk assessments and method statements
- Induction and training
- Effective communication
- Leadership and worker engagement
- Inspection and audit
- Statutory forms, notices and registers
- Accident prevention, control, reporting and investigation
- Management of health
- Welfare facilities
- Stress and mental health at work
- Drugs and alcohol
- Control of substances hazardous to health
- Lead
- Asbestos
- Dust and fumes
- Noise

DAY 2

- Vibration
- Manual Handling
- Site organisation
- Fire prevention and control and dangerous substances
- Electrical safety
- Temporary works
- Plant and work equipment
- Mobile plant and vehicles
- Lifting operations and equipment

- Mobile workforce and equipment
- Work at Height Regulations
- Safe working at height
- Common access equipment
- Scaffolding
- Fall arrest and suspension equipment
- Excavations
- Underground and overhead services
- Confined spaces
- Examination
- Course Review/Closure

Course Publication:

The course publications are the Construction site safety – The comprehensive guide (GE700). Copies are included in the course fee and should be retained by candidates for future reference.

Pre-Requisites for Candidates:

It is a CITB requirement that all delegates attending Site Safety Plus courses MUST bring some form of photographic identification with them on the day of the course (or prior to the examination for courses of more than 1 day).

Where identification evidence is not provided by the delegate, they will be refused attendance on the course.

The refresher course is only for delegates who have previously passed the 5-day Construction Site Management Safety Training Scheme (SMSTS) or subsequent refresher course, and hold a valid SMSTS certificate, and have provided evidence to LTC Training Services of their eligibility.

Failure to attend the refresher course prior to the expiry of an existing certificate will require delegates to re-enter the scheme by completing the full SMSTS course if they wish to remain in the scheme.

Literacy, language comprehension and numeracy are important requirements on all courses.

Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

Training Location Options:

We offer this course from our Devon and Cornwall training centres as well as giving customers the option to hold training on site at a location of their choice (subject to minimum candidate numbers and the proposed venue having a suitable classroom facility and any other necessary facilities required for this course). Please contact us for further details.

Course Start Time:

Course starts at 8.15am and finish at approximately 5.00pm each day.

Certification:

Certificates are included in the cost of this course and are produced by CSkills Awards.

CITB recently announced that from 7th December 2020 all Site Safety Plus certificates will be sent to Training providers as digital PDF's. For all SSP courses, the default delivery method for certificates will now be digital, meaning hard copy certificates will not be sent.

We must allow up to 10 working days for production. They will be forwarded to the customer once payment has been received in full. Certificates are valid for 5 years.

Refresher Training:

Although certificates are valid for five years, due to continuing changes in legislation, technology, environmental management and cultural behaviour, it is recommended that the SMSTS 2 Day Refresher course is undertaken within three years of completing the original SMSTS course.

Equipment:

Candidates are not required to bring any special equipment. Writing materials will be provided.

Lunch and Refreshment Facilities:

A lunch (e.g. baguette/sandwich and crisps) is included at no extra cost. Water, tea, coffee, fridge and microwave facilities are also available in our canteen for your use free of charge.

Unfortunately, we are not able to provide lunches when training is carried out on-site.

Accommodation and Transport:

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

Number of Candidates per Course:

A maximum of 20

(Please Note: CITB Rules state that courses must have a minimum of 4 candidates due to the practical exercises involved)

CITB Grants:

LTC Training Services can claim £120.00 per candidate providing you have a CITB LEVY number.

(Date of latest revision: 17th April 2024)